

**Improvement of Meaningful Referrals following Nursing  
Assessment of Oncology Patient Distress**

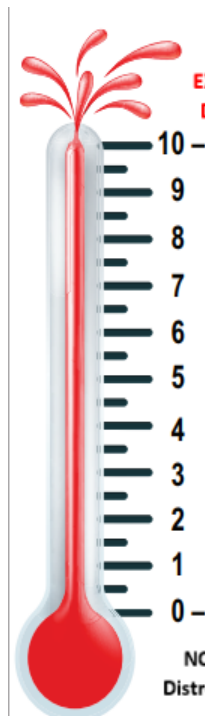
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Master of Science in Nursing, Winter 2022

Granite State College

# Improvement of Meaningful Referrals following Nursing Assessment of Oncology Patient Distress

## What is Distress?



Have you had concerns about any of the items below in the past week, including today? (Mark all that apply)

<p><b>EXTREME Distress</b></p> <p>10 -</p> <p>9</p> <p>8</p> <p>7</p> <p>6</p> <p>5</p> <p>4</p> <p>3</p> <p>2</p> <p>1</p> <p>0 -</p> <p><b>NO Distress</b></p>	<p><b>Physical Concerns</b></p> <p><input type="checkbox"/> Pain</p> <p><input type="checkbox"/> Sleep</p> <p><input type="checkbox"/> Fatigue</p> <p><input type="checkbox"/> Tobacco use</p> <p><input type="checkbox"/> Substance use</p> <p><input type="checkbox"/> Memory or concentration</p> <p><input type="checkbox"/> Sexual health</p> <p><input type="checkbox"/> Changes in eating</p> <p><input type="checkbox"/> Loss or change of physical abilities</p> <p><b>Emotional Concerns</b></p> <p><input type="checkbox"/> Worry or anxiety</p> <p><input type="checkbox"/> Sadness or depression</p> <p><input type="checkbox"/> Loss of interest or enjoyment</p> <p><input type="checkbox"/> Grief or loss</p> <p><input type="checkbox"/> Fear</p> <p><input type="checkbox"/> Loneliness</p> <p><input type="checkbox"/> Anger</p> <p><input type="checkbox"/> Changes in appearance</p> <p><input type="checkbox"/> Feelings of worthlessness or being a burden</p> <p><b>Social Concerns</b></p> <p><input type="checkbox"/> Relationship with spouse or partner</p> <p><input type="checkbox"/> Relationship with children</p> <p><input type="checkbox"/> Relationship with family members</p> <p><input type="checkbox"/> Relationship with friends or coworkers</p> <p><input type="checkbox"/> Communication with health care team</p> <p><input type="checkbox"/> Ability to have children</p>	<p><b>Practical Concerns</b></p> <p><input type="checkbox"/> Taking care of myself</p> <p><input type="checkbox"/> Taking care of others</p> <p><input type="checkbox"/> Work</p> <p><input type="checkbox"/> School</p> <p><input type="checkbox"/> Housing</p> <p><input type="checkbox"/> Finances</p> <p><input type="checkbox"/> Insurance</p> <p><input type="checkbox"/> Transportation</p> <p><input type="checkbox"/> Child care</p> <p><input type="checkbox"/> Having enough food</p> <p><input type="checkbox"/> Access to medicine</p> <p><input type="checkbox"/> Treatment decisions</p> <p><b>Spiritual or Religious Concerns</b></p> <p><input type="checkbox"/> Sense of meaning or purpose</p> <p><input type="checkbox"/> Changes in faith or beliefs</p> <p><input type="checkbox"/> Death, dying or afterlife</p> <p><input type="checkbox"/> Conflict between beliefs and cancer treatments</p> <p><input type="checkbox"/> Relationship with the sacred</p> <p><input type="checkbox"/> Ritual or dietary needs</p> <p><b>Other Concerns:</b></p> <p>_____</p> <p>_____</p> <p>_____</p>
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# Improvement of Meaningful Referrals following Nursing Assessment of Oncology Patient Distress

- Objectives
- Implementation



## Improvement of Meaningful Referrals following Nursing Assessment of Oncology Patient Distress

- Outcomes
- Challenges
- Future Expansion



References available upon request

**Questions?**

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