

**Is there a correlation between personality assessments score and  
successful entry into a therapy field**

**Stephanie Couture**

M.S. in Leadership

Winter 2021

Granite State College

## Why this topic?

Is this job for me?

What job will fit me best?

What should I do with my life?

Does my personality affect what I am doing?

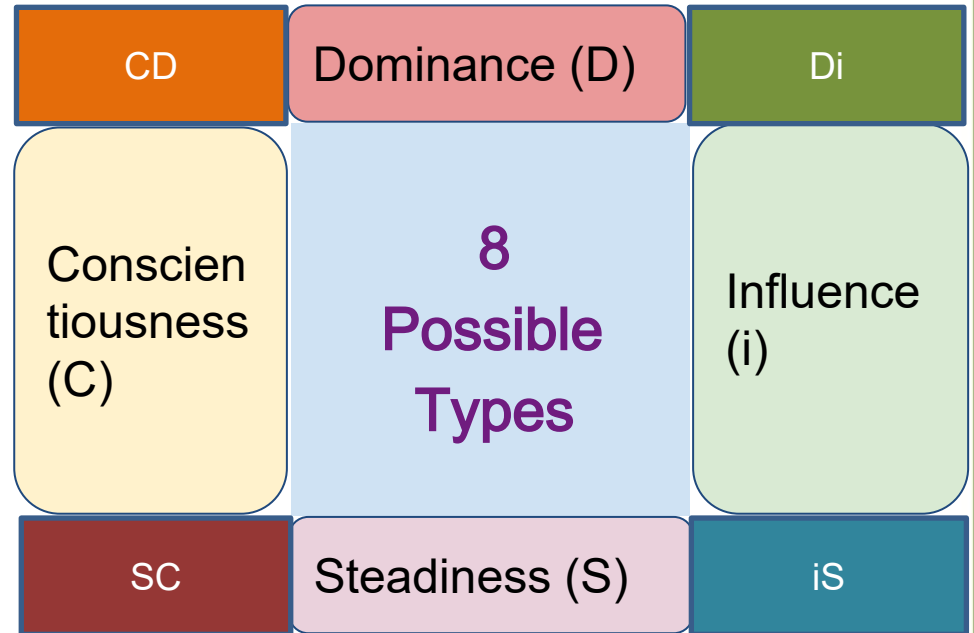
How much is my personality affecting what I look for?

# Myers-Briggs and DiSC™

## Myers-Briggs

- Introverted (I) or Extroverted (E)
- Sensing (S) or Intuition (N)
- Thinking (T) or Feeling (F)
- Judging (J) or Perceiving (P)
- 16 possible types

## DiSC™



## Big Five

Extraversion

Agreeableness

Openness to  
Experience

Neuroticism

Conscientiousness

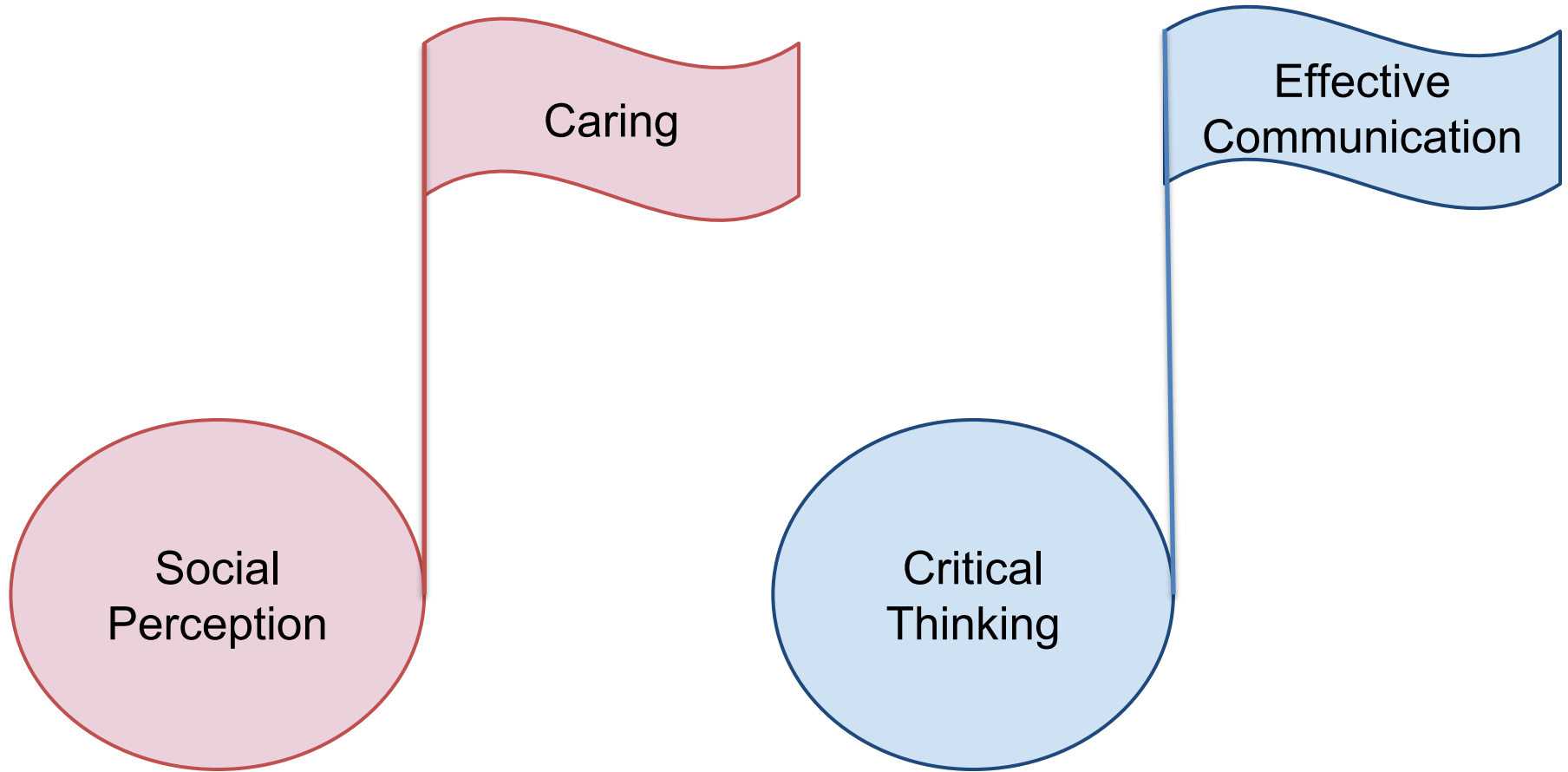
## Enneagram

- Type one - Regulation
- Type two - Compassion
- Type three - Self-projection

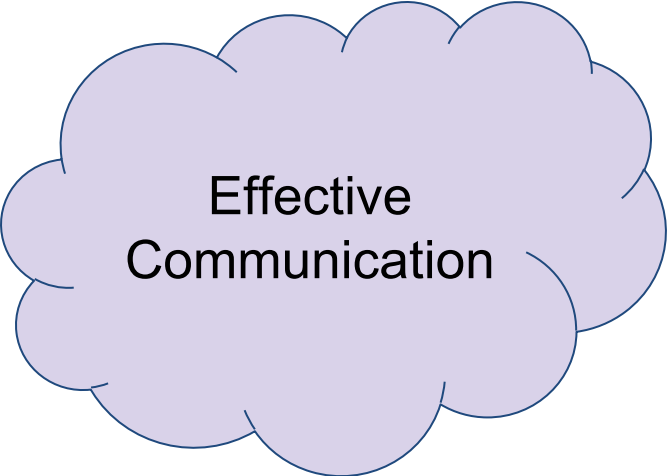
- Type four - Self-expression
- Type five - Learning
- Type six - Structuring

- Type seven - Seeking and Creating Variety
- Type eight - Decisive Action
- Type nine - Mediation (balance)

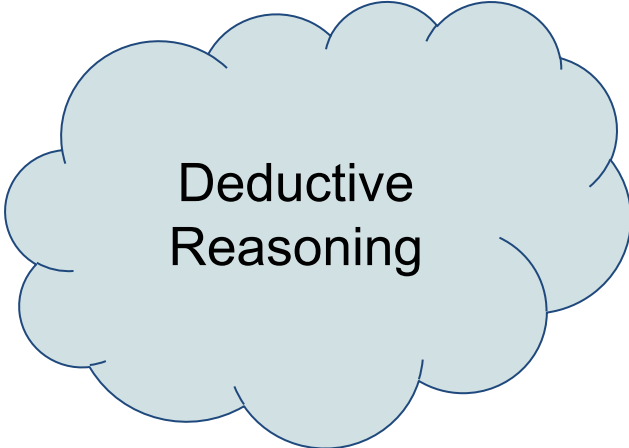
## Common Traits for Music Therapists



# Common Traits for Speech/ Language Therapists



Effective  
Communication



Deductive  
Reasoning




Developing  
Strategies



Caring

# Common Traits for Recreational Therapists



Effective  
Communication



Adaptable



Deductive Reasoning



Caring

# References

Newcomer, J. M., & Connelly, D. A. (2020). Personality and leadership: The potential impact to future strategic thinking. *Air & Space Power Journal*, 34(2), 36–54.

<https://eds.b.ebscohost.com/eds/pdfviewer/pdfviewer?vid=1&sid=ec42c320-4c23-4d8f-be16-5751d1b2e79a%40pdc-v-sessmgr06>

Oosthuizen, G. D. (2013). The enneagram map of the human psyche. *Enneagram Journal*, 6(1), 51–73.

<https://search.ebscohost.com/login.aspx?direct=true&db=asn&AN=115228404&site=eds-live>

Saxena, S. (2014). Are Transformational leaders creative and creative leaders transformational? an attempted synthesis through the big five factor model of personality lens. *Aweshkar Research Journal*, 18(2), 30–51.

<https://search.ebscohost.com/login.aspx?direct=true&db=bsu&AN=98653053&site=eds-live>

U.S. Department of Labor. Build your future with O\*NET OnLine. O\*NET OnLine.

<https://www.onetonline.org/>.

Wiley. (2013). Research report for adaptive testing assessment.

<https://www.everythingdisc.com/EverythingDiSC/media/SiteFiles/Assets/LeadGenAssets/Everything-DiSC-Research-Report-AT-Revised-20201117.pdf>



**Questions?**

Granite State College