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# How do you instill Leadership skills and abilities in Foster Care Youth?

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## ***BACKGROUND***

- John H. Chaffee Foster Care Independence Program  
**Self sufficiency-** the state of not requiring any aid, support or interaction for survival

## ***CHALLENGES***

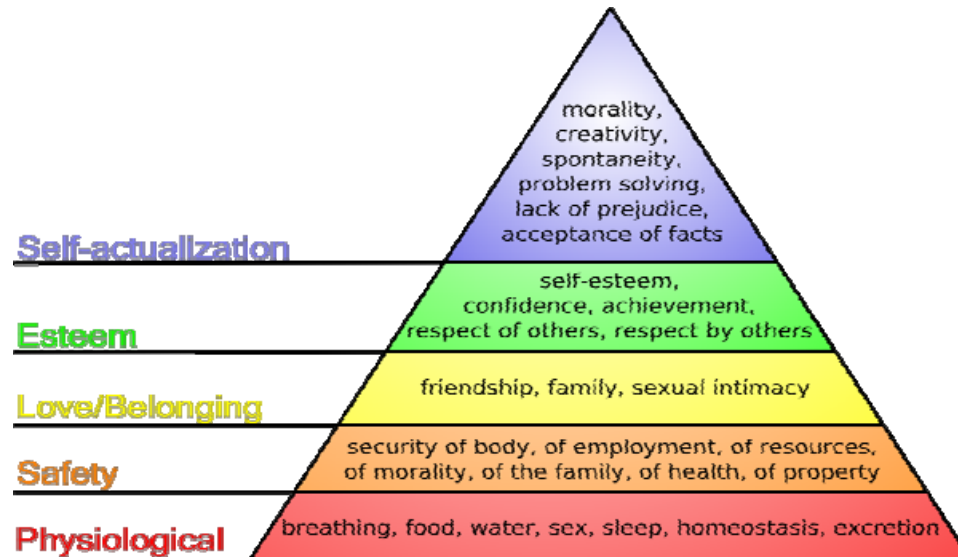
- Significant challenges as they transition from foster care system to independence

## ***THEMES***

- Lack of connection to a positive adult role model
  - Lack of basic skills for self sufficiency
- Lack of awareness and knowledge of resources available to them through foster care for education



- Maslow's hierarchy of needs- overcoming survival mentality
- Recommendations: Foster care youth would benefit from mentorship-positive/consistent adult role models



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